



Website: [www.narfe.org/chapter422](http://www.narfe.org/chapter422)

Chapter 422 office hours: Tuesdays, Wednesdays and Thursdays NOON to 3 PM

Location: Laurel-Beltsville Senior Activity Center, 7120 Contee Rd, Laurel

Phone: 301-206-3381 + + + Email: [narfe422@yahoo.com](mailto:narfe422@yahoo.com)

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### Message from the President

We had a great March meeting although several members were absent due to illness. Our speaker was our Newsletter Editor Bill Stoner. He spoke on the literacy program he founded in 1986 and continues to direct. The entire presentation, especially about the vowel spelling patterns found in all words,, was very informative. It also reminded us of how difficult English may be to learn by non-English speaking people. Let's give Bill a great round of thanks for his presentation and Sara Walser a big round of thanks for getting all speakers for us. At the time of this writing, our April speaker will be our own Ms. Debbie Roy, speaking on Gene Therapy and how our genes may be linked to illness.

For those who may be interested, on April 13, 2019 from 10:00 a.m. to 3:00 p.m., the Maryland Association of Parliamentarians will be presenting institute a on how to: Amend a Motion; Stacking Motions; and Mock Meetings. This presentation will be at the Chartwell Golf & Country Club. The cost for the training is \$30.00 and includes lunch. If you want more information, contact Ms. Pat Farmer or myself.

I look forward to seeing each of you at our April 3, 2019 meeting.

***Samuel J Raines, Sr.***  
**President**

### NARFE Chapter Speaker @ April Meeting - Sara Walser, Program Officer

The April Chapter 422 meeting will be on Wednesday, April 3, 2019, at 1 p.m. at the Laurel-Beltsville Senior Activity Center, 7120 Contee Road, Laurel. Our guest speaker will be Debra Roy from our NARFE chapter and the Vice President of the Chemical Sensitivity Disorders Association who will give a presentation on Precision Medicine and

your genes. Learn how you can get thousands of dollars-worth of medical information for around \$300.00. Learn how you can influence your genes to avoid or correct health issues. Learn how genes are involved in the aging process. Debbie will talk about Alzheimer's disease and breast cancer, and you will learn how to find out about your health issues. She will show you various websites that deal with genetics and what they have to offer. If you want to learn how to age gracefully or how to address a specific health problem, you will not want to miss this presentation.

Also, for our Chapter meeting in May, we will have a representative from the Laurel Historical Society who will talk about the current exhibit on health care in Laurel over the years.

**Maryland Federation of NARFE - Patricia Farmer, Secretary, NARFE/MD**

The Maryland Federation 44th Biennial Conference will be held May 5-7, 2019 at the Dunes Manor Hotel & Suites, 2800 Baltimore Avenue, Ocean City, Maryland 21842. The Theme is Build, Strengthen, Advocate and Lead. To make reservations, call 800-523-2888. You must call by April 4. All rooms are \$89.00 + \$9.35 = \$98.35 per night all week. Come early or stay a day or more at the same hotel rate and enjoy Ocean City. Contact your Chapter 422 President to register by April 6.

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**ONE MEMBER ONE VOTE**

Election Ballots will be sent out by March 25, to Maryland Federation of NARFE members by the NARFE Email System (NES) and paper ballots by postal mail to those members, who requested a paper ballot.

Voting begins March 26. Voting ends April 15 and ballots must be postmarked no later than that date. Ballot and Teller Committee counting of votes is due on April 30. President Dr. Roundtree will announce the results of the voting on May 1. Maryland Federation members and National Only members in Maryland, who do not have an email address, will need to request a paper ballot be sent to you for voting. To request your ballot, please send a self-addressed, stamped envelope to Maria Ray, Ballot Coordinator, P.O. Box 47097, Windsor Mill, MD 21244.  
VOTE!

## **Yet another Telephone Scam**

I heard from a friend that he received a call telling him a company had gone out of business and that he could get a \$299.99 refund by pressing '1' or by calling 1-888-912-8192. He immediately went online to "GOOGLE" the number and found it was indeed a SCAM. Be aware and beware!

## **MEMBERSHIP REPORT – Dave Walser, Membership Officer**

There were 219 members as of 28 February 2019. We welcomed one new member, Diane Adams; one member was dropped for non-renewal of dues; and we had seven new perspective members.

Don't forget when purchasing postage stamps to please buy ALZHEIMER'S FOREVER STAMPS.

## **SUNSHINE REPORT – Theresa Murray**

Nothing to report, which is a good thing...

## **TREASURER REPORT – Stew Saphier, Treasurer**

As of March 7, 2019, our Chapter's treasury has \$2,456.89 in the treasury, which includes \$21 in the Alzheimer's fund.

## **NEWSLETTER – Bill Stoner, Editor**

All Chapter Members: If you would like to submit an article or information of interest to our members, please forward to me at my email address shown in our Contact information at the end of this newsletter. Submissions from the Board for the May 2019 newsletter are requested by April 12, 2019.

## **HELP WANTED!**

As many of our members know, our NARFE Chapter maintains an office in the Laurel-Beltsville Senior Activity Center located next to the Laurel Regional Hospital. The address is 7120 Contee Road. Office hours are Tuesdays, Wednesdays, and Thursdays from Noon to 3 p.m. We need **YOU** to help us by volunteering one or two days a month on this desk. This would help relieve the people who are currently covering a given day all month. Member Darryl Mahoney currently mans the desk on

Tuesdays. 1<sup>st</sup> VP David Walser mans the desk every Wednesday except on the chapter meeting day. Our newsletter editor, Bill Stoner, mans the desk every Thursday. Duties are very light and we find it a good time to catch up on other things. If you can help, please let our President Sam Raines or Bill Stoner know via email or phone. Our email and phone numbers are shown at the end of the newsletter under contacts. **Thank you for your consideration.**

### **Open Positions in our Chapter**

We still need Chapter Members to step up and consider filling one of the two open positions in our Chapter. Positions include the Service Officer and the Point of Contact (POC) for Active Federal Employees.

### **NARFE CHAPTER 422 OFFICER CONTACT INFORMATION**

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