



National Active and Retired Federal Employees

# Newsletter



June 2019

Vol. 36, No. 10

The Aspen Hill Chapter of NARFE publishes this Newsletter monthly, except July and August.

**NOTE:** Unless otherwise noted\*, our Members Meetings are held on the **4<sup>th</sup> Tuesdays at 12:50 P.M.** at the **Holiday Park Senior Center**, 3950 Ferrara Dr., Silver Spring, MD 20906, 240-777-4999; Ample free parking; Covered parking in rear.

## UPCOMING MEETINGS/ACTIVITIES (Open to all)

### Chapter:

- Members Meetings:** Sep 24, Oct 22, Nov 26  
July & Aug- Summer lunches only (see Page 3)
- Newsletter input deadlines:** Aug 21, Sep 18
- Board Meetings/Newsletter Prep:** Sep 4, Oct 3

### Outside Events:

- Jun 15-“Care for the Caregiver” 10 am-4pm  
at Silver Spring Civic Building, Silver Spring (support for caregivers; share concerns with policy makers)
- June 18-Mid-County Citizens Advisory Board mtg. at 7pm, Mid-County Recreation Center, 2004 Queensguard Rd. (Andrew Klein, Chief Administrative Officer Montgomery Co. to speak)

## President’s Message

“Smell the sea and feel the sky. Let your soul and spirit fly.” (Van Morrison) For me, summer is the time to do just that. It feels like a legitimate use of my time to simply sit and feel the summer breeze. Before I veg out, let me update you on a few things.

First, our Chester Alan Arthur Day Celebration was a big hit and well attended—almost 60 folks. Second, the Maryland Federation Conference in Ocean City provided lots of useful information and the friendly, inclusive atmosphere was almost narcotic. Folks just didn’t want to leave.

Your action items for the summer:

- Let me know what subjects you want to hear about for next season’s meeting presentations.
- Attend the Chapter Summer lunches hosted by Linda Cohen (see schedule on page 3).

I wish you well and hope to see you after our summer break.

Sarah Richards, [sarahLrich@aol.com](mailto:sarahLrich@aol.com)



Dorothy (Dot) Kelley (on left) receiving the Federal Employee Lifetime Achievement Award from our Chapter at the Chester Alan Arthur Day Luncheon, June 4, 2019. President Sarah Richards (on right) presiding.



Chapter Officers Paul Schwartz, Saj Durrani, and Linda Cohen at Maryland Federation Conference in Ocean City, Maryland.

## Chapter 1892 Leadership

<b>President</b> .....	<b>Sarah Richards</b> 301-589-7465.....NARFEsrichards@aol.com
<b>1st V-Pres/State Leg/MD Fed. SLC Chair</b> ..	<b>Paul Schwartz</b> 301-260-1903.....pksYanks@aol.com
<b>Secretary</b> .....	<b>Cathy Hobbs</b> 301-924-4633.....Cthy_hobbs@yahoo.com
<b>Treasurer</b> .....	<b>Marilyn Biviano</b> 770-721-6940.....Biviano@verizon.net
<b>Membership</b> .....	<b>Merle Biggin</b> 301-814-6047.....Merle_biggin@hotmail.com.
<b>Sunshine</b> .....	<b>Minnedore Green</b> 301-565-2005.....Minnedore826@yahoo.com
<b>Webmaster</b> .....	<b>John Lass</b> 301-288-4210.....email@narfe1892.org
<b>Newsletter Editor</b> .....	<b>Robert Kammer</b> 301-847-9820.....BobKammer@comcast.net
<b>National Legislation</b> .....	<b>Joy Lazaroff</b> 301-754-0941.....jNARFE1892@gmail.com
<b>Past President</b> .....	<b>Linda Cohen</b> 301-460-5177.....narfeLLC@comcast.net
<b>Past Pres/Fed Resolution Chair</b> .....	<b>Saj Durrani</b> 301-774-4607.....SajDurrani@aol.com
<b>Past President</b> .....	<b>Rudy Volin</b> 301-598-2209.....arrVolin@verizon.net

## Congrats Active and Retired Feds!

The Chester Alan Arthur Day Celebration on June 4 was a triumph! Almost 60 active and retired Federal employees attended and cheered Dot Kelley, Roberta Shearin, Nick Giampietro, Bob Kammer, and Paul Schwartz as they received awards. Dot received the Federal Employee Lifetime Achievement Award, and Roberta and Nick received certificates for their long-term membership in NARFE (43 and 39 years, respectively). Bob and Paul received special recognition certificates for their exceptional work for NARFE. Andreina Iosue and LaShawna Smith presented the humorous differences between the Federal worker's life in 1973 and now. The thunderous applause throughout the Celebration, the laughter, and comradery gave proof to the success of celebrating the accomplishments and fortitude of civil servants.

### What Month is It?

June and it's National Alzheimer's and Brain Awareness Month. If you can, please give generously to the Alzheimer's Association, and be sure to tell your doctor if you are experiencing any mental losses.

## Ocean City MD Federation Conference

May 5 – 7, Maryland NARFE members met in Ocean City for the MD Federation Conference to improve leadership skills and share legislative information. Chapter officers, Cathy Hobbs, Paul Schwartz, Saj Durrani, Sarah Richards, and Linda Cohen, attended. Some of the speakers included: Peter Franchot, Comptroller of Maryland; David Cox AFGE National President; George Owens, MD Secretary of Veterans Affairs; Barbara Sido, NARFE CEO, and Cara Rose Senior Special Agent at the Human Trafficking Section of Homeland Security. There were also workshops on how to better develop newsletters and improve relationships with volunteers. Ms. Sido discussed repairing the Federal employee image in the press, and she reminded us that, "Every single day, every single person in the U.S. is affected by a Federal employee." Federal employees are so important. In between the knowledge gathering, there was fun, including a trip to the race track, dinner-dance (Paul Schwab did the Twist with panache), and crafts (two of our members came home with broaches they made from star fish and cork).

## In Sympathy

**Lynn G. Llewellyn, Ph.D.** died on January 4, 2019. A social psychologist, he worked for the U.S. Fish and Wildlife Service. He traveled broadly and had a passion for sports and nature photography. Our condolences go out to his wife, Masako.

**Bruce Clark**, died January 15, 2019. Bruce, an electrical engineer, worked at the NAVSEA David Taylor Model Basin at Carderock in Bethesda. He enjoyed fishing, camping, and being with family and friends. In 1979 at the age of 18, he achieved the rank of Eagle Scout in the Boy Scouts of America and continued scouting as a scoutmaster until his health prevented him last year. Condolences go to his wife, Lisa.

We were also notified of the death of **Nancy L. Clark**, of Dumfries, VA. Our thoughts and prayers are with her friends and family.

## Special Thanks

Thank you, Linda Jacks, for patiently, and most excellently proof reading the newsletters all year!! Also, thanks to Cathy Hobbs and Marilyn Biviano who were unable to receive their Special Recognition Awards at the June luncheon.

*While our chapter doesn't have official meetings in July and August, we do casually meet for lunch during the Summer just to check in with each other. See information below.*

## **NARFE 2019 SUMMER GREET and EAT SCHEDULE**

These first and third Tuesdays of the month lunches start at 11:30 a.m. Good food at reasonable prices and individual checks will be provided. Good fellowship and you can bring friends. We'll celebrate birthdays, and when the mood hits us, discuss important issues!

Please call Linda Cohen at 301-806-3943 or email [NARFEllc@comcast.net](mailto:NARFEllc@comcast.net) to let her know you'll be attending. Two to three days in advance to contact Linda is okay.

La Ferme Restaurant – June 18  
7101 Brookville Rd.  
Chevy Chase, MD 20815  
301 986-5255

Greek Village - July 2  
13476 New Hampshire Ave.  
Silver Spring, 20904  
301 879-2877

The Woodside Deli – July 16  
4 North Washington St.  
Rockville, 20850  
301 444-4478

Amalfi Ristorante Italiano - August 6  
12307 Wilkins Ave.  
Rockville, MD 20852  
301 770-7888

Olney Ale House- August 20 (Tuesday may be half priced-burger day)  
2000 Olney Sandy Spring Rd.  
Olney, MD 20832  
301 774-6708

### **National Legislation and NARFE**

In response to the House Spending Bill, NARFE released a statement to Congress supporting the 3.1 percent pay raise next year for Federal employees and decrying the OPM/GSA merger. Additionally, NARFE National President testified to the House Oversight and Reform's Subcommittee on Government Operations on why the administration's proposed merger of OPM with the GSA lacks transparency and sufficient planning. NARFE also warned Congress of the perils of the Mandatory Medicare Provision which requires postal retirees to switch to Medicare or lose their health care insurance. This provision breaks the promises given to retired Postal workers. You can read more about these issues at [www.narfe.org](http://www.narfe.org).



More Chester Alan Arthur Day awardees: (Clockwise top left) Roberta Shearin (left) 43 yr-NARFE member; Nick Giampietro, 39-yr. NARFE member; Bob Kammer and Paul Schwartz, special recognitions; and speakers Andreina Iosue (left) and LaShawna Smith (right).

### Celebrate Ice Cream?

Why not? July is National Ice Cream Month, and we can't think of anything better than eating a chocolate cone on a hot July afternoon! Yum!

### Don't Forget—Do Protect

Summer months mean you're out of doors more often and are *the prime target for sunburn and skin cancer*. Protect yourself with a broad-spectrum sunscreen—1 oz. per body in a swimsuit or 1 teaspoon for face, head, and neck, 1 teaspoon for an arm, etc. if you are not in a bathing suit. Don't forget your *under-eye areas—very susceptible to cancer* from UV rays! Best to stay out of the sun from 10 am to 4 pm *and don't rely on sunscreen alone—cover up with clothing, wear a hat and sunglasses*. Be safe and be well!

### Welcome

Please welcome new members, Andreina Iosue and Dollie Nicholson! Also, if you see the following people, please let them know that we are the fun chapter and ask them to join us: Kelly Biser, Christopher Colburn, Joan Dawson, Christine Edwards, Steven Gitterman, Judithade Gordon, Alfred Kempfski, Denise Orlando, Mike Pina, Peter Salisbury, Laura Samford and Mark Vok.