National Active and Retired Federal Employees Association Northern Prince George's County Maryland Chapter 1122

Beltsville, Berwyn Heights, College Park, Cheverly, Glenarden, Glenn Dale, Greenbelt, Hyattsville, Landover Hills, Lanham, New Carrollton and Seabrook

Website: www.mdnarfe.org/chapter1122



Volume 6, Number 4

April 2012

2012 Upcoming Events

April - Celebrate Earth Day

- April 30 May 1
 Maryland Mini
 Convention
 Bowie, MD
- August 26-30 National Convention Reno, NV

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Important Phone

Numbers



NARFE is the only association solely dedicated to safeguarding and improving the earned rights and benefits of America's active and retired federal employees. A team of government relations professionals in Washington tracks congressional action and agency proposals that affect your federal retirement benefits. NARFE's Legislative Department works simultaneously to preserve and enhance civil service annuity and health care

benefits.

MANY BILLS IN CONGRESS RELATE TO NARFE

Dr. Howard Waterworth, 1st Vice President and Legislative Chair

7e all know that Congress is searching for ways to produce a balanced annual budget and to reduce the everincreasing national deficit. Among the ways to do this has been to reduce the size of the federal government and the benefits for its employees and retirees. This environment has made it difficult to maintain our benefits and almost impossible to improve them. But in spite of the current fiscal environment, our NARFE leaders have helped to preserve or improve many of our benefits as listed in the Chapter 1122 Newsletter (page **1** January **2012** issue).

Nonetheless the pressure is still on to reduce our incomes and benefits as measured by the large number of bills introduced to Congress in recent years including 2012. The Federal Diary of February 29 lists 25 House and Senate bills that would adversely affect Federal employees. Some would impose mandatory two-week unpaid furlough (H.R.270) or prohibit withgrade step increases (H.R.3844). No fewer than three House bills and six Senate bills would extend pay freezes from one to 5 years (S.1936) and (S.2015). Three bills propose to reduce the size of the civilian workforce by as much as 10% (H.R.2114) or by hiring one replacement for every two retirees (H.R.657) or three retirees (S.1611) and (H.R.3662). With some bills (H.R.3029), (H.R. 3487) and (S.1476) this would be accomplished via attrition. Bill (H.R.3494) would reduce the workforce to no more than that of October 2007. Bill (H.R.1779) would prohibit hiring in any year in which the OMB projects federal deficit. Older federal employcompensation payments would be cut by a senate bill (H.R.87) and (S.712) (S.261). bills would endanger some federal employee rights, according to **National Treasury Employees Un**ion (NTEU). Two bills would adversely affect FERS employees by eliminating the defined benefits portion of their annuity (S.644) or would increase pension contributions and eliminate the FERS supplement H.R.3813). Regarding this bill, NARFE President Joseph Beaudoin stated that as Congress is "striving to find a way to keep paychecks level for America's middle-class workers, it is hypocritical that the House Oversight Committee would vote to force middle-class federal workers to pay an extra 1.5% of the salaries toward their retirement. Most federal workers earn between \$25,000 and \$75,000 a year, and the average





NARFE
Chapter 1122
Total
Membership
As of
March
2012
647



Join your fellow members by receiving your newsletter on line. It typically arrives earlier than the one delivered by mail. This helps our chapter save on postage when you elect to receive the electronic version of the newsletter in pdf format and full color. To receive a monthly notice by e-mail that our Chapter News-

letter is available, send a m e s s a g e t o: lydon.j@verizon.net. Please include your full name and address with a request to receive notification that the newsletter is on the web site at: www.mdnarfe.org/chapter1122.

Chapter Membership

Chapter 1122 welcomes the following members who joined in March:

NEW MEMBER

Karen Sillers

NEW PROSPECTIVE MEMBER

Brenda Stanley

REINSTATED MEMBER

Guido Porreca

DROPPED MEMBERS (NON RENEWAL)

April Ashpes
Harold E. Boesch
John H. Chen
Charlean W. Jackson
Thomas McDonald
Michael G. Moore
Agnes Newman
Edna H. Reynolds

New, reinstated, transferred and prospective members please attend the meetings. Meet fellow members and enjoy some refreshments.

Next Meeting

Wednesday, April 11, 2012 at 1:30 pm

Speaker

C. J. Onyeji

Physical Therapist
Professional Sports Care &
Rehabilitation Association

"Learn which exercises will do the most for you"



1 2 3 Let's Get Active Move, Walk, Bend

Note - Executive Board Meeting Immediately following the regular meeting

Greenbriar Community Building
Terrace Room
7600 Hanover Parkway
Greenbelt MD 20770
Call the Office for directions
301-441-1096 Dial "0"

Chapter Corner

A note from Bob Haas: Last month I expressed my appreciation of the tremendous job a few leaders of this chapter are doing. I failed to mention that a young lady, Margaret Zanin, has recently volunteered to be our Chaplain. This is most significant since she previously Chaplain was about 10 years ago. How about that? I thank her for her services now and during my presidency.

* ** * * * * * * * * *

Due to the recent tornadoes/ storms you may be eligible for NARFE's Disaster Relief Fund. Funds are limited to \$500 per family. Please call the FEEA toll-free number at 800-338-0755 or (800-323-4140 after hours).

Donations are still needed for Alzheimer's Fund, NARFE-PAC and FEEA Education and Disaster Relief Fund. Donate today!

Hugh Gribben stepped down as Program Chair and Historian. Thank you Hugh for your service. We hope to see you at upcoming Chapter meetings.

Paul Terry has returned as Program Chair. Welcome back Paul and thank you for volunteering once again. Paul also furnished the refreshments at the March meeting.

Tentative plans are underway for the June Luncheon where newly elected officers will be sworn in. More information on the luncheon will be announced in next month's newsletter.

The 50/50 winner at the March meeting was **Bob Doyle** who donated his winnings to the Chapter General Fund

Richard Benoff will represent the Chapter at the NARFE Maryland Mini Convention In Bowie, MD and Bob Haas will represent us at the NARFE National Conference in Reno. NV.

To all sick and shut-in members you are in our thoughts and prayers. We wish you a speedy recovery.

To all March and April Birthday Members Happy Birthday to you from all of us.



Congress page 1

retired Federal worker receives a mean monthly annuity of \$720." NETU President Colleen Kelley said "It seems like every week there is something new."

Every bill must be debated by various committees and subcommittees and then it may be introduced to the full House or Senate for action. You can track the detailed status of every bill through this long process via the web at www.thomas.gov and by entering the bill number in your computer then click on the search key as I did. NARFE President Beaudoin said "The sheer number of bills in Congress attacking federal workers would be comical if the threats weren't so serious." One headline in the NARFE Legislative Hotline Report of February 17 states: "Civil Service remains target; employees now, retirees next?" Fortunately NARFE has been successful in opening new doors to address our concerns. The Wall Street Journal, USA Today and Fox News have run positive stories that mention NARFE and the importance of the federal workforce.

So, NARFE is fighting back. The 'Protecting America's Heartbeat" campaign is improving the image of Federal workers (See pages 20-21 February issue of The NARFE Magazine). On "Call-your-Congressperson Day" February 15, thousands phoned or emailed both ends of Pennsylvania Avenue to express their views. You can let your views be known too, by using NARFE's toll-free number 866-220-0044 and providing the name of your representative and senators.

Thank You to our March Speaker

James Henderson, RFC®, CDFA® President Savant Tax & Business Services 301-459-3764 or 301-560-5492 savant@financier.com

His presentation was very informative. We ran out of time for all the questions we had. Please contact him if you need his services.

EXPERIENCE OF AN ALZHEIMER'S CAREGIVER Creavery Lloyd, Alzheimer's Chair

The letter I received below shows just how important your donation is to the Alzheimer's Fund.

Creavery,

My wife, Liz was diagnosed with Alzheimer's in 1999, at age 72. She died in 2010 at age 81. During the intervening years, as she continued a slow decline to her death at home, I was her caregiver.

What did I know about caring for an Alzheimer's patient? Nothing, not even how to spell Alzheimer's, or what kind of a disease it was. So. as a man who had spent 36 years in the U.S. Navy, taking on caregiving responsibilities for my wife at home was an even greater mystery. But, thank God, the experience I did gain from life in the Navy in dealing with daily problems aboard destroyers and aircraft carriers at sea was a Godsend.

Thankfully, having learned the computer in 1998, I went on line and searched for the meaning of the word Alzheimer's, and ended up finding the Alzheimer's Association, National Capitol Area Chapter. From there on, the detailed guidance and suggestions they laid out for caregivers was straightforward. It just took lots of effort to implement: Making sure our home was Alzheimer's safe for Liz. As her Alzheimer's progressed, and her cognitive ability declined, and she got more anxious and inquisitive. I had to make sure she was safe at home: No trip hazards, no sharp knives out, no knobs on the electric stove. doors locked to preclude wandering, etc, etc, etc.

Then came personal hygiene care and feeding, etc, etc, etc.

Needless to say, the NCA Chapter advised me to welcome any help offered by family members, friends and neighbors; and as Liz's condition further declined, to consider hiring an experienced daily caregiver, so I could get out of the house for a few hours of relaxation. They wanted to make sure I didn't burn out from stress. Looking back at my caregiving experience, I have a better appreciation of the work of the NCA, Alzheimer's Chapter. It provided me with the effective information and advice I needed to successfully care for Liz at home until her death. I used it like a bible, and now can better appreciate their need for fundraising support.

James Kehoe

A Famous Quote In Celebration Of Earth Day

Until a man duplicates a blade of grass, Nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of Nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

> Thomas Alva Edison Inventor 1847-1931

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Treasurer's Report	for
February 2012	

February 2012			
Balance as of 1/29/2012		\$3,300.30	
Income:			
50/50 Raffle (Jan & Feb) Donation	14.00 7.00		
NARFE (Dec & Jan Dues)	<u>265.01</u>		
Total Income	286.01		
Expenses:			
R. Doyle (NARFE Stationery)	1 5.50		
B. Smith (Feb Refreshments)	17.80		
U.S. Postal Service (Mailing Mar Newsletter)	<u>56.45</u>		
Total Expenses	89.75		
Balance as of 2/29/2012		\$3,496.56	

Submitted: Warren C. Wilcox. Treasurer

TIME SENSITIVE MAIL DO NOT DELAY DELIVERY



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Chapter 1122 Website www.mdnarfe.org/chapter1122

> **MD Federation Website** www.mdnarfe.org

NARFE National Website www.narfe.org



Earth Day - April 22

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Chapter 2146 **Irwin Neveleff Marty Eiband Emma E. Barnett**

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www.mdnarfe.org

To reach the Governor call

1-800-811-8336 or visit the Web Site www.gov.state.md.us/mail

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