

## National Active and Retired Federal Employees Association Northern Prince George's County Maryland Chapter 1122

*Beltville, Berwyn Heights, College Park, Cheverly, Glenarden, Glenn Dale,  
Greenbelt, Hyattsville, Landover Hills, Lanham, New Carrollton and Seabrook*



### NARFE New Web Site: Expanded Features for Up-to-Date Information and Member Input Dr. Howard Waterworth, 1st Vice President and Legislative Chair

**S**ome members may not be aware of all the expanded new online features available on the NARFE web site. The new online features for active and retired members will furnish the latest headlines each day. On the NARFE website, you will get frequent updates from Capitol Hill, action alerts, weekly legislative hotlines, plus a virtual gathering place for discussion groups and interaction with your peers. You will also have access to the latest news coverage related to federal workers and retirees, general benefits information and advice, and FERS-related information.

You can access this information at <http://www.narfe.org/member/>. Establish your account by clicking on **Member Log In** at the top of the home page, and then enter your name and 8 digit member number (which is on your address label of NARFE magazine). Once you have established your account there are many things you can do online from membership renewal to calculating your annuity. You will also have access to NARFE publications and to the Legislative Action Center. There is a resource library that members can access by clicking on such headings as Headquarters, dues withholding, white papers, convention, and general store. Other useful information such as helpful contacts, coalition partners, contact us, and other associations, is available under the heading of Special Links.

Under Latest News is an article on OPM's progress in speeding up retirement annuity calculations. Until recently it wasn't unusual for OPM to take several months to determine the exact amount of a retiree's annuity. One can now view the status of his/her retirement case at OPM <http://www.opm.gov/retire>, a feature that allows recent retirees to

view the status of their pending retirement case if they retired on a non-disability retirement and are receiving interim pay.

Another article deals with the 2012 open season health insurance plans in which OPM announced an overall premium increase of 3.4% for 2013. This equates to a \$2.75 more bi-weekly for self-only or \$6.39 more for self and family coverage on some plans.

You also have access to eNARFE. At the top of the page click on eNARFE heading and log in to access more information. When I clicked on Planning for Retirement I read the very informative article with headings: Deposits or Re-deposits, FEGLI and FEHBP, the Thrift Saving Plan, Social Security for Feds, and Survivors' Benefits. Another dropdown menu titled 'Recent Posts' provided access to articles on Spouse's Social Security, Medicare Part B, Changing Health Insurance, the eNARFE Blog, the recent convention report, and funding of thrift saving plan in FERS. Each item can be accessed by clicking on the appropriate heading for details. While exploring eNARFE online, I saw drop-down menus titled: National website, candidate statements, planning and retirement, health benefit plan options, FERS Q and A, eNARFE Blog, Contact Us, and relevant news links that affect us.

Access these online features to get the latest and most comprehensive information of the day. Give the upgraded NARFE web site a try. I think you will be glad you did. I wish you a Happy Holiday Season and may 2013 be good to you.

### Volume 6, Number 10

December 2012

#### Upcoming Events

2012

Nov 12 - Dec 10  
FEHBP Open Season

2013

- Jan 29  
United Seniors  
Legislative Forum  
Annapolis, MD
- March 9 -12  
Legislative Training  
Conference

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### December Holiday Luncheon

Wednesday, December 12, 2012 at 12 Noon

Sir Walter Raleigh Inn, 6323 Greenbelt Road  
Berwyn Heights, MD 20740, (301) 474-6500



Guest Speaker

**Ron Bowers**  
Region II Vice President  
NARFE Maryland Federation

\$25 per person includes tax & gratuity

Choice of Entrée, Open Soup & Salad Bar, Sandwich Wraps.  
Chocolate Mousse Dessert, Coffee, Tea & Soft Drinks  
(Alcoholic beverages not included)

Please make reservations by December 7. Make check  
payable to NARFE /Chapter 1122 and mail to:  
Lee Shields, 8C Plateau Place, Greenbelt, MD 20770  
301-474-5321 - [swinenet1@verizon.net](mailto:swinenet1@verizon.net)

### Menu

#### Choice of Entrée

- Prime Rib Au Jus
- Jumbo Crab Cake
- Beer Battered Shrimp
- Hawaiian Chicken Breast

Served with  
Baked Potato or Rice

### Come Join Us!

The end-of-year holidays are here at last,  
That bright, happy time when we have a blast!  
Our wish when your new year has finally begun:  
That you look back at months full of pleasure and fun.

## A Tribute to My Friends

Two of our active members have died in the past month - Dr. John Lydon died October 18 from injuries suffered in an automobile accident On October 2, and Angelo Ferrara died on October 9.

John was 63 years old, on a business trip in California. Three of four college students in the vehicle failing to stop for a stop sign were also killed as they were thrown from the vehicle. They were not wearing seat belts. I mention this so you, my friends, will buckle up! John was a research scientist for the Agricultural Research Center, probably known over the world for his work with weeds. He was my neighbor, so I recruited him into NARFE. He became our man behind the scene, by putting our newsletter on the internet even though he was extremely busy with a demanding travel schedule. He got the monthly membership list from headquarters, and separated e-mail recipients from the US Postal list. He also provided to the executive board a monthly listing of new members, dropped members, and deceased members and he produced the mailing labels and delivered them to Lee Shields.

I have known Angie for over 20 years from Meals on Wheels. He assisted his wife of 68 years who has been serving MOW for 38 years. Angie was 94 years old, and died very suddenly of a blood clot in the lungs. Since we were such good friends I brought him into NARFE, where he immediately became active, serving as NARFE-PAC chairman. Also he often called 30 members monthly, reminding them of our meeting. He usually recorded attendance at the meetings. His was a life of service to others - even in death; he gave his body to science.

Our chapter will miss these two active members, as will I, and I'll not quickly dismiss the sadness in my heart at the loss of these two great friends.

**Robert Haas**  
Past Chapter President



Angelo Ferrara  
1918 - 2012

John Lydon  
1949 - 2012

## ALZHEIMER'S REPORT - Creavery Lloyd, Alzheimer's Chair

An estimated 5.4 million Americans have Alzheimer's disease – a figure expected to rise sharply as baby boomers enter their older years. And about 80 percent of Alzheimer's patients who live at home are cared for by family members. Donations to Alzheimer's research not only advance strides in research but also provide valuable resources to caregivers. Thousands of people participate in Alzheimer's fundraising, most because they want to some day live in a world without Alzheimer's. The funds raised are vital to funding Alzheimer's programs and

services. So we at Chapter 1122 once again ask you to open your hearts and consider making a generous tax-deductible donation to ALZ Research for Chapter 1122. To those who have already made donations this year, THANK YOU!

To make a contribution please make your check payable to **NARFE Alzheimer's Research** and note Chapter 1122 on check.

Mail to: Creavery Lloyd, ALZ Chair  
6725 Lamont Drive  
Lanham, MD 20706

## Season's Greetings

The best part of the season is remembering those who make the holidays meaningful. We wish you all the love and happiness this season can bring, and may it follow you throughout the coming New Year.  
*Chapter 1122 Officers and Executive Board*

### Chapter Corner

We wish all sick and shut-in members a speedy recovery and plenty of sunshine peeking through their windows each day. To all December Birthday Celebrants - "HAPPY BIRTHDAY" - from all of us!

The winner of the 50/50 drawing at the November meeting was Barbara Barron.

A big thank you to Robert Luddy, Historian, Sanford Foundation for his very interesting presentation on the Civil War in Prince George's County at the November meeting. He turned us all into history buffs with the information he presented.

FYI - Cola for 2013 is 1.7% for CSRS and FERS retirees. Increase of 3.4% for FEHBP rates for Active and Retired Feds and Postal Service Employees. An extension of the two-year pay freeze until March 28, 2013 for active feds was included in the Continuing Resolution passed by Congress in September.



### Attention Chapter Members!!

A member is needed to volunteer to coordinate and maintain the Chapter's email list and label list. There are two principal duties involved:

- 1) To send a notification that the Newsletter is on the web site each month to members who receive it by email only. And to send important announcements to members that have requested to be on the email list. Maintaining the email list with monthly updates.
- 2) To maintain the chapter label list and update any changes to the information monthly. Printing the labels each month and furnishing them to the distributor for placement on Newsletters for mailing.

This is a vital function of the Chapter and members with computer skills and Excel program knowledge are urgently needed. If you are interested in helping with this, please contact Richard Bennof at [bennof4skins@aol.com](mailto:bennof4skins@aol.com) or Barbara Smith at [bsg.smith@verizon.net](mailto:bsg.smith@verizon.net)

### NARFE Chapter 1122 Treasurer's Report for October 2012

Balance as of 9/30/2012	\$3,862.46
<b>Income:</b>	
50/50 Raffle (Sep & Oct)	16.00
Donation	4.00
Lost Check (Lost Check #1347)	30.94
NARFE MD Fed (Attendance)	150.00
NARFE (Oct Dues)	<u>200.88</u>
<b>Total Income</b>	<b>401.82</b>
<b>Expenses:</b>	
R. Haas (Nat. Convention)	1,114.95
D. Green (Lost Check, Flowers, Card)	98.41
E. Cameron (Bowie Fed Meeting)	20.00
US Postal Service (Mailing Nov Newsletter)	<u>73.40</u>
<b>Total Expenses</b>	<b>1,306.76</b>
Balance as of 10/31/2012	\$2,957.52
Submitted: Warren C. Wilcox, Treasurer	



**NARFE Chapter 1122**  
7353 Green Oak Terrace  
Lanham, MD 20706

**Chapter 1122 Website**  
[www.mdnarfe.org/chapter1122](http://www.mdnarfe.org/chapter1122)

**MD Federation Website**  
[www.mdnarfe.org](http://www.mdnarfe.org)

**NARFE National Website**  
[www.narfe.org](http://www.narfe.org)



**CHAPTER OFFICERS**

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**Richard Bennof**  
[bennof4skins@aol.com](mailto:bennof4skins@aol.com)

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[waterworth99@comcast.net](mailto:waterworth99@comcast.net)

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[deloresfgreen@verizon.net](mailto:deloresfgreen@verizon.net)

**Treasurer**  
**Warren Wilcox 301-345-7437**  
[wcwilcox@juno.com](mailto:wcwilcox@juno.com)

**PAST CHAPTER PRESIDENTS**

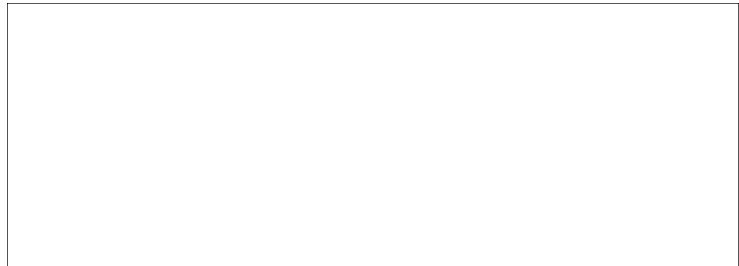
**Chapter 1122**  
**Robert Doyle**  
**Robert F. Haas**  
**John Fleming**

**Chapter 2146**  
**Irwin Neveleff**  
**Marty Eiband**  
**Emma E. Barnett**

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**Vacant**

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**Vacant**

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**Important Telephone Numbers**

**NARFE National Headquarters (Direct Line)**  
**1-703-838-7760**  
**NARFE Sponsored Line to Congress**  
**1-866-220-0044**

To contact Maryland Delegates and Representatives  
Call 301-858-3000 or visit the NARFE Web Site  
[www.mdnarfe.org](http://www.mdnarfe.org)

To reach the Governor call  
1-800-811-8336 or visit the Web Site  
[www.gov.state.md.us/mail](http://www.gov.state.md.us/mail)

**MARYLAND OFFICIALS & MORE**

<b>Martin J. O'Malley, Governor</b>	<b>1-800-811-8336</b>
<b>Anthony G. Brown, Lieutenant Governor</b>	<b>410-767-3125</b>
<b>Thomas Mike Miller, Jr., Pres./Senate</b>	<b>301-858-3700</b>
<b>Michael E. Busch, Speaker of the House</b>	<b>301-858-3800</b>
<b>Senator Barbara Mikulski (D-MD)</b>	<b>202-224-4654</b>
<b>Senator Benjamin L. Cardin (D-MD)</b>	<b>202-224-4524</b>
<b>Congressman Steny Hoyer (D-5th Dist.)</b>	<b>202-225-4131</b>
<b>Congresswoman Donna F. Edwards (D-4th Dist.)</b>	<b>202-225-8699</b>
<b>President Barack H. Obama</b>	<b>202-456-1111</b>
<b>White House Web Site:</b>	<b><a href="http://www.whitehouse.gov/">http://www.whitehouse.gov/</a></b>

Inclément Weather Notice! When Prince George's County Schools are closed or opening late, the NARFE Chapter 1122 meeting will not be held.