



FALL 2022 NEWSLETTER

PRESIDENT'S MESSAGE



DR. SUDHA HALEY

We joined his melodious voice singing our National Anthem at many Federation Board meetings and Conferences and now our dear friend **Gordon Brown** is singing with the Angels. We have also lost other precious Federation friends like **Bernard "Bernie" Goldsborough**, Federation Membership Development Coordinator, and **David "Dave" Walser**, Chapter 422 Laurel 1stVP and others. May they all Rest In Peace.

One policy I am determined to pursue as your President, is paying your registration, as my Administration budget allows, under the astute watch of our distinguished Treasurer **Stuart Sklamm**. Any Chapter and Federation Officer who requests to participate in NARFE National and Federation Board meetings and Conferences, will have their registration paid for. I want to make it possible for you, who volunteer and serve our Federation and Chapters with your valuable expertise, time and energy, to be involved in our Federation and National activities. Several of you who attended our Mini-Conference in May, requested to attend FEDCon22 in Scottsdale, Arizona, for which we are paying your registration. Also, for several of you, we paid the registrations for the Mini-Conference.

Your Chapter Presidents and Officers must have shared details of our resoundingly successful Mini-Conference. We welcomed in person, two of our Federation's resolute Champions, our own Congressman and House Majority Leader **Steny Hoyer**, and Congressman **Jamie Raskin**, now a National Pundit. We also brought to you Comptroller **Peter Franchot**; Lt. Governor **Boyd Rutherford**; AARP MD State President **James Campbell**; and our Past Federation President, current Region II VP, and future National President **Dr. Gary Roundtree**. We also provided Training that you had asked for on Legislation, with National Headquarters' **Marsha Goad**, and **Dave Bowman** on FEDHub and Membership. All these stellar speakers and trainers were brought to us, through the outstanding effort of our 2nd Vice President and Program Director **Edward Holland**. And to follow up, our Federation, Region and National's remarkable Director and Guru of all things electronic, including our website, has already placed the Maryland Federation on FEDHub. Bravo, **Howard "Flash" Gordon**!

Based on requests from a number of Chapter Presidents and through the inspired efforts of our resourceful Federation Secretary **Patricia Farmer**, we plan to make our October Board meeting hybrid. It will be under the management of Positive Aging Community Founder and Director **Steve Gurney**. We will plan to broadcast this meeting statewide, because we are also hoping to provide our Candidates' Forum during that day.

I currently serve on NARFE's National Federation Presidents Meeting's Planning Committee. Here are some of the issues that Federations across the nation and territories submitted, that we are conferring on, to discuss at this meeting: How to address membership losses, and incentives to recruit members; To correct HQ's inadequate outreach to OPM and Federal Agencies for NARFE to recruit; With failing Federations wanting to merge, NEB needs to write procedures; Does merging the Federations mean NARFE needs restructuring/reorganizing and consolidating Regions?; HQ should create a video library of nationally known (free) speaker presentations for chapter use; HQ should bring back State (like Federal) Advocacy leadership; HQ should create a video on NARFE's benefits, which can be shown at Health Fairs and other gatherings; Need training on Revitalizing our Chapters, Mentoring Programs, Succession Planning; and Sharing Best Practices between Federations.

As with our leaders **Kathy Siggins**, **Virginia Bender**, and others who head the Alzheimer's effort across our Federation and beyond, here is another ingenious, gratifying way to learn more about Alzheimer's. It is from our Associate to the Federation President, **Dr. Gybrilla Ballard-Blakes**. She will be discussing Care giving on Steve Gurney's platform, and best of all, she has published the book and the heart-warming stage play called, "Give Your Parents a Standing Ovation." It is an entertaining play of a family that overcomes the challenges of dealing with a loved one with Alzheimer's. By popular demand, for the 5th time, it will be staged at the Bowie Center for the Performing Arts, on September 17, 2022. There will be two shows, at 2 p.m. and 7 p.m. A group of our Federation friends and I have already purchased tickets, and eagerly await viewing the play. So, please do plan to join us.

I leave you with this powerful message by John Wesley, which has all my life fueled my leadership: "Do all the good you can; By all the means you can, In all the ways you can, In all the places you can, At all the times you can, To all the people you can, As long as ever you can." Namaste.



L-R: 2nd VP Edward Holland, Congressman Steny Hoyer and President Dr. Sudha Haley at a Hoyer event.

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LEGISLATIVE DIRECTOR REPORT



*First Vice President / Legislative Director /
NARFE-PAC Coordinator
lrwalto@yahoo.com*

NARFE Advocacy Team Gearing up for Grassroots Advocacy Month

As we approach NARFE's annual Grassroots Advocacy Month campaign in August, the Advocacy team is developing resources and activities so that advocates can be most effective in the field. NARFE National President Ken Thomas will kick off the campaign with a message to members about the importance of grassroots advocacy, reiterating it is everyone's responsibility.

Don't Miss FEDcon22

FEDcon22 is fast approaching. The conference is scheduled for August 21-23 at the beautiful Westin Kierland Resort and Spa in Scottsdale, AZ. The program has an exciting lineup of speakers and sessions with something for everyone, including How to Add Your Voice to NARFE's Advocacy Efforts; Debunking Common Retirement Myths; and Avoiding Common Online Scams. One program highlight is being presented by Genealogist Peggy Lauritzen who discusses the value of researching family history and where to begin.

NARFE Advocacy Leader Training

NARFE Advocacy Leaders took part in Training July 14, 2022. Leaders serving as Congressional District Leaders (CDLs) and Senate Leaders (SLs) received their first training webinar this year. The webinar is part of ongoing training evolved from the 2020 Federation and 2022 CDL and SL surveys conducted to understand the needs of advocacy and challenges for leaders serving in those roles.

Support NARFE-PAC with a Contribution Today

Lend your support to NARFE-PAC today to make a difference before the congressional midterm elections. Contributing now helps NARFE-PAC maximize your contribution's potential before voters head to the polls/ballot box in November. Your contributions will strengthen the campaigns of Fed-friendly candidates who have proven track records on issues affecting NARFE members across the country.

Reference source: NARFE Voices

SECOND VICE PRESIDENT'S REPORT



Edward Holland
2nd Vice President
[*hollandnmd@aol.com*](mailto:hollandnmd@aol.com)

2nd Vice President – NARFE MD

On Monday, July 15, I participated in training on FEDHub – The NARFE Online Community. According to Dave Bowman, Senior Director, Membership Development: “Through this community, we’ll keep you up to date on everything happening with your federation, and you can join the conversation and connect with your fellow NARFE members in [Maryland]. If you’re new to this, the community is an online discussion forum where you can talk about various topics, ask questions, and share helpful information like interesting articles, events happening in your area, and so much more.”

With that, I will be sending you an invitation to join FEDHub Maryland.

FEDERAL LEGISLATIVE COMMITTEE (FLC) REPORT



Edward Holland
Chair, NARFE/MD Federal Legislative Committee
[*hollandnmd@aol.com*](mailto:hollandnmd@aol.com)



As the Federal Legislative Chair, I will work with Congressional District Leaders, Senatorial Leaders, and Chapter Legislative Chairs to make sure they have the resources necessary to be successful. The goal will be to develop a strong connection between the FLC Chair and the SLs/CDLs. Unlike some of our positions, the FLC

Chair’s responsibilities can be found in a NARFE National guide. In addition, I have been made a NARFE-PAC ‘fundraiser event’ approval official. You will be pleased to know that we have a robust budget.

On July 14, Marsha Padilla-Goad, Director of Grassroots Advocacy Department, conducted Congressional District/Senatorial Leader training via Zoom. Director Padilla-Goad forwarded an insightful video of the July 14 training. Please let me know if you wish to receive the video.

On June 10, Dr. Sudha Haley and I participated in a closed session with Majority Leader Hoyer at his Annual Bull Roast. The event was held at the Newton White Mansion, Prince George’s County (see photo following Dr. Sudha’s President’s Message). For those who attended the Bull Roast and wish to seek mileage reimbursement, please contact me.

CDLs/SLs – *THIS IS AN ELECTION YEAR* Historically, August is our Advocacy Month. Unfortunately, we will not be allowed to meet with our representative on Capitol Hill. So, please schedule an appointment with your U.S. Representative in their district office. Moreover, consider writing a letter to the editor. Please let me know the date of the meeting. I may want to join you.

Any questions about the legislative process or how to join the Federal Legislative Committee, feel free to contact us at 301-848-3476 or hollandnmd@aol.com / cet1933@gmail.com (Chuck Thomas).

NARFE 2022 Fall Membership Drive

Dave Bowman, NARFE Senior Director of Membership Development, has announced the NARFE 2022 Fall Membership Drive, which will run from September 1 through December 31, 2022. Current members can earn \$10 from National for each new member they recruit, as well as other prizes.

Dave Bowman said, “This is a critical time of year when we truly need all NARFE chapter and state leaders to step up and help us grow.”

This is an ideal time to motivate yourself and other members to promote NARFE and its benefits. Use social media in your recruitment efforts. Make sure you let prospective members know that NARFE is actively working to retain benefits for all federal employees and retirees and lobbies Congress on our behalf. Because of the current political climate, we need NARFE more than ever, so get motivated and start recruiting.

...Info from Pat Farmer



STATE LEGISLATIVE COMMITTEE (SLC) REPORT



Paul Schwartz
State Legislative Committee Chair
pksyanks@aol.com

THIS ARTICLE WAS WRITTEN BY ROBERT GOLDBERG, MEMBER OF THE SLC.

The State Legislative Committee (SLC) of the Maryland Federation of NARFE secured a significant tax breakthrough for seniors and retirees living in Maryland. Specifically, under the Retirement Tax Elimination Act of 2022, retirees age 65 and older making \$100,000 or less and married couples making \$150,000 or less will receive the following tax credit beginning in the 2022 tax year: \$1,000 for individuals and \$1,750 for married couples. This was a bipartisan agreement that will provide circa \$1.6 billion in tax relief over the next five years to Maryland seniors. The law comes after years of work by members of the SLC to make Maryland more attractive to federal retirees. SLC efforts included meetings with state lawmakers and the governor's chief-of-staff, legislative action letters, and research on the cost of senior migration to Maryland.

The SLC was pleased that several other organizations testified in favor of the Retirement Tax Elimination Act of 2022, namely, AARP Maryland, the Maryland Chamber of Commerce, and the Maryland Military Coalition. The SLC continues to work with other organizations to support legislation that is in the interest of NARFE's members.

Maryland Governor Larry Hogan said, "Cutting our state's retirement taxes is something we have been trying to accomplish for seven years, and I want to thank the leaders of the General Assembly for working with us to get this done for Maryland's seniors." Adrienne A. Jones, the Speaker of the Maryland House of Delegates, said, "This bipartisan agreement helps hundreds of thousands of seniors on fixed incomes who are struggling with inflation."

The Maryland Federation of NARFE has much work ahead. Our goal is to have all senior income free from Maryland taxes. Also, federal tax law changes made it favorable to not itemize deductions. But, if one itemizes on one's federal return, one cannot, under current Maryland tax law, take advantage of the ability to itemize on one's Maryland tax return. Finally, the Maryland Homeowner's Tax Credit needs to be expanded to all income levels. The aim of the SLC is to make Maryland a tax friendly state for seniors. The failure of the Maryland legislature to have not done this at all income levels has resulted in a very significant senior migration to tax friendly states and at a very substantial cost to Maryland's economy.

The Maryland NARFE State Legislative Committee needs your help!!!

An effective legislative effort requires citizens in each legislator's district who will remind their legislators of the importance of NARFE's legislative program. This means writing a few letters and having meetings with your legislators. The time commitment of a few hours per year is modest and the SLC will help you with the details – including templates for letters and discussions. To help Maryland NARFE **and your own interests**, please contact the Maryland NARFE SLC: Paul Schwartz, pksyanks@aol.com, or Bob Doyle, bdoyale47@verizon.net, or Bob Goldberg, goldberggrn@gmail.com.

MDNARFE-PAC REPORT



Bob Doyle
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MDNARFE-PAC Treasurer
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As you all know, the MDNARFE-PAC, through the Federation's State Legislative Committee (SLC), works for legislation beneficial to seniors by raising and spending money to elect members of the Maryland General Assembly who support our legislative program. Contributions to MDNARFE-PAC also help our SLC build strong relationships with Maryland lawmakers, a key component to winning legislative fights.

Your MDNARFE-PAC contributions allow members of the SLC and other NARFE Chapter members to attend fundraisers for MD candidates. For these fundraisers, our first aim is to engage with members who serve on the Committees that handle the tax credit and tax relief bills we work for, which are the Senate Budget and Tax Committee and the House Ways and Means Committee. We do, however, reach out to other Members not on these Committees to garner support as widespread as possible for our goals.

Almost without exception, it is members of the SLC who attend these fundraisers. Although the current SLC members are in Chapters that cover several legislative districts, there are many districts not covered. In earlier reports, I prepared for our Newsletter, I have noted our desire for all Chapter Presidents to communicate to their membership that the MDNARFE-PAC can help if your members wish to attend fundraisers for the Maryland State Senators and Delegates in your Chapter's District. The response we hear is largely "crickets." (If you don't know what this means, ask one of your grandchildren.) Additionally, there are many Chapters who do not have a member on the SLC, and in fact do not even have a State Legislative Chair or contact person.

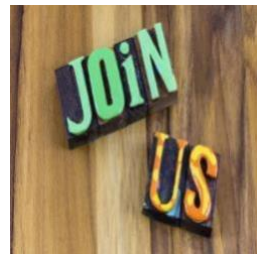
The SLC, with the help of MDNARFE-PAC funding, will continue to do our work, but the lack of support or interest from many of our Chapters is discouraging, to say the least. I again ask all Chapters who do NOT have a member who serves on the State Legislative Committee (SLC) to recruit a member for this task. The obvious choice would be your Chapter Legislative Officer, but of course any Chapter member is eligible. Ideally, we would like at least one member in all 28 Chapters to serve on the SLC. Because for the indefinite future the SLC will be meeting by Zoom, it is an ideal time for all Chapters to participate because there are no travel issues.

We are now facing a November election with candidates for Governor – and other offices – who present stark differences in policy and programs. The SLC is actively engaged in identifying the candidates who offer positive movement toward passing legislation beneficial to seniors, such as senior income tax reductions, Long Term Care Tax Credits, and other issues. Be assured, we will do our best to inform our membership of our findings.

Finally, regarding fundraising for the PAC, our major fundraising traditionally has occurred at the Federation meetings held in Bowie, and indeed we had a good fundraising result from the May meeting in Bowie. Until we meet again this fall in Bowie, please communicate to your Chapter membership that they can make an investment in advancing progressive senior legislation in Maryland by supporting MDNARFE-PAC today! (Note –MD NARFE-PAC contributions are **not** tax-deductible for Federal or state tax purposes. Further, contributions to MD NARFE-PAC must be made only by individual members, and **not** by Chapters using Chapter funds.)

Please make your check payable to: MDNARFE-PAC. Mail to:
Robert Doyle, Treasurer
MDNARFE-PAC
4226 Carvel Lane
Edgewater, MD 21037

MEMBERSHIP REPORT PLUS



Edward Holland / Membership Director

**Program Director / Public Relations Director / Chair, Equity Committee /
Liaison to MD/DC Alliance for Retired Americans / Liaison to Fraternal Order of Police
301-848-3476 (cell) / 301-632-2826 (home) / hollandnmd@aol.com**

In querying NARFE National's system, we have 5,477 chapter members and 5,394 national members for a total of 10,871 members in Maryland. For whatever reason, chapter members continue to migrate over to National Members-only.

Who can join NARFE? Membership is open to civilians who are or will be eligible to receive an annuity or survivor annuity from the federal retirement programs of any agency of the United States government including: retirees; active employees; spouses and surviving spouses of those eligible to join NARFE; former employees; a former spouse who is legally entitled to a federal survivor annuity. Why should they join NARFE? No other organization is solely dedicated to continually protect and preserve the earned pay, retirement and health care benefits of all federal employees, retirees and their survivors. Members have access to NARFE's Federal Benefits Institute, an online learning center. One-on-one help is also available from federal benefits specialists from this institute. Members have powerful representation and advocacy before Congress, the Office of Personnel Management and the White House; Members-only website access to the latest federal news and interactive Legislative Action Center; and Members-only perks designed to help them save time, money and hassle.

Before unilaterally deciding to close a chapter, a chapter president should canvass members to get the pulse of the membership. Canvassing the membership should be a true effort consisting of sending a letter to the membership or via a newsletter. Ultimately, the goal should be to merge with a nearby chapter versus going the closure route. Any questions regarding chapter merging/closing, contact me: 301-848-3476 or hollandnmd@aol.com.

Program Director:



As the Program Director, I am responsible for securing speakers/guest participants for all Federation meetings and events and ensuring their comforts, to include the three Board meetings per year (February, May and October); the Mini-Conference; the Biennial Conference; Training Day; and any other ad-hoc event such as candidate forums. Please know that you are part of the Program Directorate. Meaning that you should feel free to provide me with a name and contact information to an engaging speaker. The speaker should be someone that you would want to hear from. At the November 15, 2021 Executive Committee meeting it was announced that we will conduct Gubernatorial and Comptroller candidate forums. Be advised that, Dr. Sudha Haley has formed a NARFE MD Forum Planning Committee:

For the October 2022 Board Meeting, the goal is to host the following political candidates: Gubernatorial, Comptroller, and Congressional District 4. Will we invite Republican and Democrat? Yes. Why are we limited our invitation to three offices? We have a limited amount of time to allow for candidates and decided to go with the highly contested elections.

Feel free to contact us at 301-848-3476 / hollandnmd@aol.com or rkkpkint@comcast.net (Karen Kinter) or terrydn@gmail.com (Derrick Terry).

Public Relations Director:



As the Public Relations Director, outreach to the public has resulted in an awareness of NARFE and an increase in our membership. As a chapter president, I have been fortunate to see an increase in chapter membership. Recently receiving a nice check for the NARFE recruitment effort. I will strive to publicize national and state legislative programs supported by NARFE; provide the local press, television and radio with factual information concerning NARFE's positions on current issues; ensure that Federation and chapter officers are up to date on issues affecting members; and coordinate with the chapter president visits by elected officials and candidates for public office, and other public relations programs scheduled for chapter meetings. As it stands, this office is now on NARFE MD Press Release 001-2022. If your president has not forwarded a press release to you, please contact me. More importantly, we are now a member of the MDDC Press Association. This was done to increase our messaging platform. If you have need of a press service, feel free to check out the MDDC Press website – <https://mddcpress.com/>

Feel free to contact us at 301-848-3476 / hollandnmd@aol.com or rkkpkint@comcast.net (Karen Kinter).

TREASURER'S REPORT



Stuart Sklamm, Treasurer srsklamm@msn.com

NARFE MARYLAND FEDERATION FINANCIAL REPORT AS OF JUNE 30, 2022

The Bank of America savings account balance as of 6/30/22 was \$102,036.70 and the Bank of America checking account balance as of 6/30/22 was \$10,197.90. We also have a \$10,000 certificate of deposit with Sandy Spring Bank.

NARFE MARYLAND FEDERATION TREASURERS REPORT FOR THE PERIOD 1/1/22-6/30/22

DESCRIPTION	+	AMOUNT BUDGETED	ACTUAL AMOUNT	DIFFERENCE(+or-)
INCOME				
Chapter Per Capita Tax		3,000	2910	90
February Board Meeting		500	350	150
Interest on Savings Account and CD		50	20	30
Mini-Conference		500	2605	-2105
NARFE National 10% Remittance		40000	20599	19401
October Board Meeting		500		500
TOTAL		44550	26484	18066
EXPENSES				
Administration		12500	3950	8550
Biennial Conference		4500		4500
Chapter Assistance		1000	89	911
February Board Meeting		5000	500	4500
Federation Executive Committee		1000		1000
Federal Legislative Committee		3000		3000
Federation President's Meeting - FEDCON		4500	570	3930
Legislative - 1stVP		2500	418	2082
Membership - Program Director 2ndVP		7000	1168	5832
Mini-Conference		5000	13972	-8972
Newsletter		4500	1699	2801
October Board Meeting		5000		5000
State Legislative Committee		2500	112	2388
United Seniors of Maryland		500		500
Website and ZOOM		500	130	370
TOTAL		59000	22608	36392
SURPLUS (DEFICIT)		-14450	3876	-18326

REGION II VICE PRESIDENT REPORT



GARY ROUNDTREE SR., PH.D.

VICE PRESIDENT REGION II

groundtreesr@hotmail.com 443-929-7945

Region II Training Academy

The late, great past Region II Vice President **Charley Saylor** organized our first Region II Symposium, held in Gettysburg, Pennsylvania, to supply the necessary training for all five federations in Region II. Our beloved Charley has since passed away, but his legacy lives on.

As your current Region II Vice President, following in Charley's great footsteps, I pledge that this new, refreshing, innovative, groundbreaking Training Academy, providing critical skills and new ideas, will be like no other training event around the country. An awesome lineup of guest speakers and presenters at the top of their professions will be arriving at the Wyndham Hotel, in York, Pa., for a very worthwhile event for leaders and members from all five federations in Region II - Delaware, District of Columbia, Maryland, New Jersey and Pennsylvania.

I am looking forward to seeing a good contingent from the Maryland Federation at this exciting, intensive two-day training session, organized by me and the Staff of Region II. So, come one, come all.

This type of how-to/best practices training meets a real need, as we work to improve our operations and develop new leadership for the future of NARFE. This is a worthwhile event for all Region II leaders and members to attend.

This Is Change You Can Believe In; Change You Can Depend On.

See you all **October 9, 10 and 11, 2022.**

Location: Wyndham Hotel, 2000 Loucks Road, York, PA 17408

Reservations: 717-846-9500 (Room rates: King \$90 / Double \$100; mention NARFE for special rate.)

More information on how to register for this life-changing event will be sent out soon to your Federations and Chapters, with details on the hotel, schedule/agenda and registration form.



Patricia Farmer, Secretary

301-776-4645 / buttonspaf@aol.com

SECRETARY'S REPORT

As the NARFE/MD representative to the Maryland Gerontological Association (MGA) and its Admin Vice President, I am working with other board members to revive the organization; COVID-19 took a toll on MGA.

As soon as we have a new venue to offer you, I will make sure I provide the information in the Federation Newsletter.

I would like to extend my thanks and appreciation for the Get-Well Wishes, Cards and Prayers I received from officers, chapters and individual members before, during and after my total hip replacement surgery on June 8. I am making good progress and hope to eventually reach my goal of walking independently (without an assistive device). I had home physical therapy for four weeks and will be starting outside PT during the month of August.

During my recuperation from surgery, I have been spending some time decluttering papers, which go way back in the organizations I have been a part of for many years. I have found some very interesting items. One dealing with chapters, I am going to take the rest of my column space to share it with you. Check it out below. I hope you take it to heart.

Preparations are underway for the October Board meeting. The official call letter should go out the middle of August. I hope to attend in person at the Bowie Comfort Inn. I look forward to seeing you there. Stay safe and healthy.

HOW NOT TO HELP YOUR CHAPTER

Don't come to meetings. But if you do come, come late. If the weather doesn't suit you, don't think of coming.

If you do attend a meeting, find fault with the work of the officers and other members.

Nevertheless, get sore if you are not appointed on a committee, but if you are, do not attend committee meetings.

If asked by the chairman to give your opinion regarding some important matter, tell him you have nothing to say. After the meeting, tell everyone how things ought to be done.

Do nothing more than is absolutely necessary, but when other members roll up their sleeves and willingly, unselfishly use their ability to help matters along, howl that the chapter is run by a clique.

Hold back your dues as long as possible or don't pay at all.

When a banquet is given, tell everybody money is being wasted on blowouts that make a big noise and accomplish nothing.

When no banquets are given say the chapter is dead and needs a can tied to it. Don't ask for a banquet ticket until all are sold, then swear you've been cheated out of yours. If you do get a ticket don't pay for it.

If asked to sit at the speaker's table, modestly refuse. If you are not asked, resign from the chapter.

If you don't receive a bill for your dues, don't pay. If you receive a bill after you've paid, resign from the chapter.

Don't tell the chapter how it can help you, but if it doesn't help you, resign.

If you receive service without joining, don't think of joining.

Keep your eye open for something wrong and when you find it, resign.

At every opportunity threaten to resign and then get your friends to resign.

When you attend a meeting, vote to do something and then do the opposite.

Agree to everything said at the meeting and disagree with it outside.

When asked for information, don't give it.

Cuss the chapter for the incompleteness of its information.

Get all the chapter gives you, but don't give it anything except _ _ _ _.

~ Reprinted from *OUTDOOR AMERICA*, 1954

ALZHEIMER'S FALL 2022 REPORT



Virginia Bender
MD Federation Alzheimer's Coordinator
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Donations to NARFE Alzheimer's Research from **Maryland** for the period of July 1, 2021 – May 31, 2022 total \$211,488.63 because of a generous donation by a NARFE member in the Frederick, Md. area. Our total at the end of March 2022 was \$9,445.83. This was a gift through a retirement account. The donation has not only helped our numbers in Region II but helps us to reach our national goal of \$15 million.

Registration is underway for the Walk to End Alzheimer's, so register or join a group in your local area. This is one of the largest fundraising campaigns to fight this disease. The Website is www.alz.org to sign up.

Confronting MCI and Why It Matters Mild cognitive impairment (MCI) causes cognitive changes that are serious enough to be noticed by the person affected and by family members and friends, but may not affect the individual's ability to carry out everyday activities. Approximately 12 percent to 18 percent of people age 60 or older are living with MCI. A variety of factors can cause MCI, so it is viewed as a broad set of symptoms; this can make the diagnosis of MCI challenging for affected individuals and physicians. When a person exhibits symptoms of MCI and has biomarker evidence of the brain changes characteristic of Alzheimer's disease, they are described as having MCI due to Alzheimer's disease.

About 1 in 9 age 65 and older (10.7 percent) has Alzheimer's.

Almost two-thirds of Americans with Alzheimer's are women.

Older Black Americans are about twice as likely to have Alzheimer's or other dementias as older Whites.

The Greater Maryland Chapter Alzheimer's Association provides support groups, free education programs and online services. For more information specific to Maryland, go to www.alz.org/maryland. Here is who we invited to our Chapter meeting last year: Susan Weller | Community Outreach Coordinator | Alzheimer's Association Greater Maryland Chapter | 410-729-6572.

See chart of 2022 Maryland Federation Alzheimer's Donations on next page.



VOTE: General Election in Maryland set for Tuesday, November 8, 2022.

2022 Maryland Federation Alzheimer's Donations														
Number	Chapter Name	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Totals
126	WesChar/Ind	0	0	0	0	0	0	0	0	0	0	0	0	\$-
251	Annapolis	0	0	0	0	155	360	90.60	0	0	0	0	0	\$605.60
258	West Montg	0	0	0	0	0	0	0	0	0	0	0	0	\$-
306	Hagerstown	0	0	250	30	397	0	148.61	0	0	0	0	0	\$825.61
409	Frederick	0	0	250	245	500	0	0	0	0	0	0	0	\$995.00
410	WestMar Cumb	0	0	0	0	0	0	0	0	0	0	0	0	\$-
422	Laurel	0	0	0	0	0	0	0	0	0	0	0	0	\$-
969	St Mary's County	2000	0	0	0	0	0	0	0	0	0	0	0	\$2,000.00
1127	Rockville	0	0	0	0	0	0	0	0	0	0	0	0	\$-
1143	Silver Spring	232	0	0	0	0	0	0	0	0	0	0	0	\$232.00
1260	So Prince Geor.	0	0	0	0	0	0	0	0	0	0	0	0	\$-
1327	Tidewater	0	140	0	0	0	0	0	0	0	0	0	0	\$140.00
1466	Calvert County	0	0	0	0	0	0	0	0	0	0	0	0	\$-
1519	Glen Burnie	0	0	0	0	0	0	0	0	0	0	0	0	\$-
1522	Susquehanna	0	0	0	0	0	0	0	0	0	0	0	0	
1734	Howard County	0	0	0	0	0	0	0	0	0	0	0	0	
1747	Grt Bowie/Croft	0	448	0	0	0	0	0	0	0	0	0	0	\$448.00
1770	Bel Air	0	350	0	0	120	0	0	0	0	0	0	0	\$470.00
1887	Wheat/Glen	0	0	0	0	200	0	0	0	0	0	0	0	
1888	White Oak	0	0	0	0	0	0	0	0	0	0	0	0	
1892	Aspen Hill	0	0	0	0	0	0	0	0	0	0	0	0	
1936	NWBaltimore Met	0	0	0	0	0	0	0	0	0	0	0	0	
1972	Waldorf/LaPlata	0	0	0	0	0	0	0	0	0	0	0	0	
2262	Upper Marlboro	0	0	0	0	0	0	0	0	0	0	0	0	
2274	OceanArea	0	-0	44	50	5	38	0	0	0	0	0	0	\$137.00
2306	Carroll City	0	0	0	0	0	0	0	0	0	0	0	0	
	Totals	2232	938	544	325	1377	398	239.21	0	0	0	0	0	\$6,053.21
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	

FEEA REPORT



Eleanor Kaul
Coordinator, Federal Employee and
Education Assistance – Scholarships and
Disaster Fund

eeekaul@comcast.net 410-896-4354

NARFE Scholarship
Awards or Disaster Fund
c/o FEEA
1641 Prince Street
Alexandria, VA 22314

The 2021 NARFE-FEEA Scholarship Fund awarded \$1,000 per region. Region II winner was Camille Young, Washington, D.C.

The NARFE-FEEA Scholarship for 2022 is open only for high school seniors. For 2022 scholarship application, go to www.feea.org/our-programs/scholarships/. NOW IS THE TIME TO START YOUR APPLICATION.

FEEA is a 501(c)3 charitable organization and donations are tax-deductible. To donate to this fund, go to page 47 in the August issue of *narfe* magazine. There are other scholarships available on this site.

AROUND THE FEDERATION

CHAPTER 306 HAGERSTOWN NEW OFFICERS



Photo by Dot Buhrman

Hagerstown Chapter 306 officers were sworn in at the Chapter membership meeting on June 10. Pictured l to r: Dr. Gary Roundtree, Region II VP; Pandi Reed, Treasurer; Ed Reed, Vice President; Barb Ware, Secretary; Patricia Nix, President; and Larry Walton, MD Federation 1st Vice President.

CHAPTER 306 HAGERSTOWN SUPPORT TEAM



Photo by Patricia Nix

Pictured seated l to r: Joyce Chestnut, Public Relations; Randy Burns, Chaplain; Dorothy Smith, Special Raffle Coordinator; Standing: Bob Snyder, Communications; Dr. Gary Roundtree, Region II VP; Charley Ware, Alzheimer's Chair; Barb Ware, Alzheimer's co-chair; Ed Reed, Vice President; and Dot Buhrman, Newsletter Editor.

CONGRATULATIONS

Congratulations to Sue Neri, Chapter 1934 Howard County, whose photo "Autumn Harvest" was selected for the month of October in the NARFE 2023 calendar.

HIGHLIGHTS OF MARYLAND FEDERATION MINI-CONFERENCE MAY 2 AND 3, 2022

*Photos by NARFE Maryland Federation Photographer
Melinda Scott*



House Majority Leader Steny Hoyer and Region II VP Dr. Gary Roundtree L-R: Melinda Scott, Mel Robinson, Ed Holland, Bessie Johnson, Congressman Hoyer, Dr. Sudha Haley, Frank Lee and Vanessa Washington



L-R: Paul Schwartz, Dr. Sudha Haley, Congressman Jamie Raskin, Dr. Gybrilla Ballard-Blakes and Kathy Schwab



L-R: Maryland Comptroller Peter Franchot, Bob Doyle and Carla Duls



Guest Speaker Lt. Governor Boyd Rutherford



Marsha Goad, Director, Grassroots Program.
NARFE Legislative Advocacy



L-R: 2nd VP Ed Holland, AARP MD President
James Campbell and 1st VP Larry Walton

FEDERATION DIRECTORY (abbreviated)

Executive Committee

President	Dr. Sudha Haley	410-535-4998	sudhabhagwat2002@yahoo.com
1 st VP, Legislative Director	Larry Walton	443-831-1791	lrwalto@yahoo.com
2 nd Vice President	Edward Holland	301-848-3476	hollandnmd@aol.com
Secretary	Patricia Farmer	301-776-4645	buttonspaf@aol.com
Assistant Secretary	Virginia Bender	443-210-2920	vbender21804@gmail.com
Treasurer	Stuart Sklamm	301-384-0784	srsklamm@msn.com
Immediate Past President	Dr. Gary Roundtree Sr.	443-929-7045	groundtreesr@hotmail.com
Past President	Dan McGrath	757-436-1095	mcgrathsop@aol.com
Past President	Ted Jensen	301-667-3165	grandpated1@gmail.com
Past President	Ron Bowers	410-308-0420	narfebowers@msn.com

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FEEA Coordinator	Eleanor Kaul	410-896-4354	eekaul@comcast.net
Federal Legislative Committee Chair	Edward Holland	301-848-3476	hollandnmd@aol.com
NARFE-PAC Coordinator	Larry Walton	443-831-1791	lrwalto@yahoo.com
Budget Officer	Edward Holland	301-848-3476	hollandnmd@aol.com
MDNARFE-PAC Treasurer	Bob Doyle	410-798-0079	bdoyle47@verizon.net
Program Director / PR Director	Edward Holland	301-848-3476	hollandnmd@aol.com
Equity Committee Co-Chairs	Edward Holland/Larry Walton		
Resolutions Committee Chair	Larry Lange	301-644-1875	Llange3751@aol.com
Membership Director	Edward Holland	301-848-3476	<u>hollandnmd@aol.com</u>
State Legislation Committee Chair	Paul Schwartz	240-838-2200	pksyanks@aol.com
Webmaster	Morse Solomon		narfemdfed@gmail.com
Social Media (Facebook/LinkedIn)	Howard Gordon	301-464-2745	flash@acm.org
Region II Vice President (DC/DE/MD/NJ/PA)	Dr. Gary Roundtree Sr.	443-929-7045	groundtreesr@yahoo.com
Region II Configuration Advisory Board Rep	Howard Gordon	301-464-2745	flash@acm.org

Chapters and Presidents

126 Western Charles/Indian Head	Ed Rice	1522 Susquehanna (Acting)	Barry Decker, Acting
126 Co-Presidents	Ron Bush	1734 Howard County	Co-President Mel Robinson
251 Annapolis	Carla Duls	Co-Presidents	
258 WesternMontgomery County	Lois Ann Beaver	1747 Greater Bowie/Crofton	Frank Lee
306 Hagerstown	Patricia Nix	1770 Bel Air	James Wood
409 Frederick	Elinor Abrell	1887 Wheaton/Glenmont	Ron Shansby
410 West-Mar	Daniel Moore	1888 White Oak	Marcia Swanson
422 Laurel	Samuel Raines	1892 Aspen Hill	Sarah Richards
969 St. Mary's County	Joe Moffatt	1936 N.W. Baltimore Metro	Barbara Cuffie
1127 Rockville		1936 Co-Presidents	Bessie Johnson
1143 Leisure World		1972 Waldorf/La Plata	Edward Holland
1260 Southern Prince George's County	Brenda Hill-Johnson	2262 Upper Marlboro	P.A. Jeffries
1260 Co-Presidents	Tiffany Daniel	2274 Ocean Area	Larry Walton
1372 Tidewater		2306 Carroll County	Charles Harrison
1466 Calvert County	Barry Grier		
1519 Glen Burnie, Co-Presidents	Don Bender		
1519	Bob Minghini Sr.		

***NOTE:** See Federation Directory for complete information on all officers, committee chairs and chapter presidents.

The Maryland Federation Newsletter is published three times a year: Spring, Fall, Winter by the Maryland Federation of NARFE, P.O. Box 3527, Laurel, MD 20709 **Editor/Production Manager/Distribution:** Patricia Farmer, 301-776-4645, buttonspaf@aol.com.

*****NOTE BELOW ON NEWSLETTER DISTRIBUTION*****

It is very important that all chapter officers are listed on the HQ roster because it is the basis for the NL mailing.



National Active and Retired Federal Employees Association

Maryland Federation – Chartered April 5, 1956

Maryland Federation Newsletter

Protect Your Retirement

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Maryland Federation Website at WWW.MDNARFE.ORG

with links for Easy Browsing!

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RETURN SERVICE REQUESTED

2022 CALENDAR

September 21
October 2
October 3
October 9, 10, 11
November 19

Registration Deadline for October Board Meeting
No Executive Committee Meeting
October Board Meeting, Bowie Comfort Inn
Region II Training Academy, York, Pennsylvania
Article Deadline for Winter Federation Newsletter