



NARFE BUZZ

National Active and Retired Federal Employees Association

Western Montgomery County Chapter 258 - Chartered November 10, 1953

The largest NARFE Chapter in the country!

January/February 2024

Our Next Chapter Meeting – And Upcoming Events

PLEASE NOTE: ALL ATTENDEES AT CHAPTER 258 MEMBERSHIP MEETINGS WILL BE REQUIRED TO SHOW PROOF OF FULL VACCINATION AGAINST COVID-19. PLEASE BRING WITH YOU EITHER YOUR CDC VACCINATION CARD, OR HAVE A PICTURE OF YOUR VACCINATION CARD ON YOUR SMARTPHONE. THANK YOU.

The January 12th Chapter meeting will be at Alfio's La Trattoria Restaurant, 4515 Willard Ave., Chevy Chase, MD. Members who wish to come for lunch may arrive at 11:30 a.m. with the meal served at noon. The price is \$30.00 per person, payable either in cash or check made out to NARFE Chapter 258 (please, no credit cards). Those who do not wish to come for lunch may arrive at 1:00 p.m. There is free valet parking; Alfio's is located two blocks from the Friendship Heights Metro station.

The speakers will be Paul Schwartz, NARFE's MD Federation State Legislation Committee Chair, who will discuss NARFE's 2024 Maryland State Legislative Program; with him will be Bob Boyle, MD NARFE-PAC Treasurer.

Future Chapter meetings will be:

February 9th: Marilyn Scheiner, CPA, will provide current information and essential guidance on Federal and State income taxes.

March 8th: Dr. Elizabeth Wheeler, Founder and CEO of LAUNCH, a physical therapy institute, will discuss "10 Ways to Stay Heart Healthy."

April 12th: Lois Ann Beaver, Chapter 258 President and former employee of the FDA, will provide surprising information and advice with an update of Fentanyl.

May 10: Current Maryland State Legislation will be discussed; we are hoping that Maryland State Senator Ariana B. Kelly will be our speaker.

Please be advised that speakers and their topics may be subject to change. Also, as always, in the winter months, if there is inclement weather on the day of our scheduled Chapter 258 meeting, and the Montgomery County Schools announce they will be closed due to that inclement weather, our NARFE Chapter 258 meeting will also be canceled.

PLEASE: If you have a "winter" address, have a change of your local address or your E-mail address, or haven't provided us with your E-mail address – please advise the NARFE Headquarters Member Records at 1-800-456-8410. Thanks very much!

PRESIDENT'S CORNER

Lois Ann Beaver, President

Fortunately, CDC reports that Covid-19 related cases in Montgomery County continue to be low. Keep staying as safe and healthy as you can. Don't miss out on recommended vaccinations for any health issue, e.g. pneumonia. Let's enjoy life as best we can.

A perfect example of life enjoyment took place at our December Chapter meeting when we consumed a delicious lunch while being uplifted by delightful music presented by Vince Borrelli. Vince took a break to join us for lunch and then resumed entertaining us. It was fun. We deserve a break now and then.

On the other hand, we hope our political representatives become re-energized during their time off so that they quickly solve budgetary problems and give good support to our federal government employees.

NARFE is facing a membership challenge and suggests that one of its objectives is to improve NARFE's brand/name within the federal community. I believe the only way to achieve that result is to directly address federal employees within five years of their retirement on site at their agencies. That's when employees begin to wonder what they should do to prepare for the future. As long as NARFE remains remote from federal workers they will remain unaware of the invaluable service afforded by NARFE.

Our January 12, 2024 Chapter meeting concerns issues of direct importance to us since we are impacted by Maryland State laws, especially those that are budget related. We will be informed and advised about legal matters by Paul Schwartz, NARFE State Legislative Committee Chair; Bob Doyle, MDNARFE-PAC Treasurer, will also be a speaker at our January meeting.

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To assist us in dealing with federal and state income taxes we are fortunate to have information and guidance that will be provided by Marilyn Scheiner, CPA, at our Chapter meeting on February 9th. We all need this valuable advice.

I'm looking forward to seeing you at Alfio's where we enjoy good food, comradery and learn new things. Happy holidays to you and your loved ones.

TREASURER'S REPORT

Larry Lange, Chapter 258 Treasurer

My last Treasurer's Report appeared in the November/December 2023 issue of The BUZZ. This report will be a synopsis of our Chapter's funds from October 13, 2023 to December 8, 2023:

Chapter 258, Funds Summary, December 8, 2023

Checking account balance, 10/13/2023	\$ 9,758.58
Receipts, 10/13/2023 - 12/8/2023	\$ 1,407.78
Expenses, 10/13/2023 - 12/8/2023	\$ 1,850.65
Checking account balance, 12/8/2023	\$ 9,315.71
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Working Capital/Total Chapter assets	\$ 9,315.71

The *receipts* for this period were the direct deposit into our Chapter's checking account by National NARFE of the October, 2023 members' dues (\$447.75), the payment by attendees of their meals at Alfio's for our November 10, 2023 Chapter meeting (\$600.00), and the payment by attendees of their meals at Alfio's for our December 8, 2023 meeting (\$360.00), for a total of \$1,407.78.

The *expenses* for this period were the printing and mailing of the Nov/Dec, 2023 BUZZ (\$527.80), postage for mailing the Nov/Dec 2023 BUZZ (\$87.57), the bill for the attendees' meals at Alfio's for our November 10, 2023 Chapter membership meeting lunches (\$690.00), the bill for attendees' meals at Alfio's for our December 8, 2023 Chapter membership meeting lunches (\$390.00), and an order of new checks from Wells Fargo for our chapter checking account (\$155.28), for a total of \$1,850.65.

LINDA COHEN, LONG TIME NARFE MEMBER AND ADVOCATE, HAS PASSED AWAY

Linda was a past president of NARFE's Aspen Hill Chapter 1892. She was always at the NARFE table at both the

daytime and evening annual FEHBP forums that were held in person before Covid-19, and always strongly supported NARFE's mission. Born in Louisville, KY in 1938, she died last October at the age of 85. She was a graduate of the University of Michigan and Columbia University Medical School, and spent her entire career in the public health field. Linda helped several hospitals in the state of Louisiana to meet Medicare standards. For many years she worked as a medical device regulator for the U.S. Food and Drug Administration, mainly on ophthalmological devices. She also had been very active in Toastmasters International, helping to establish many Toastmasters clubs in the Washington, DC area.

E-MAIL REMINDER OF EACH MONTH'S CHAPTER 258 MEMBERSHIP MEETING

Larry Lange, Chapter 258 News Editor

As mentioned in the Nov/Dec BUZZ, approximately five days before each Chapter 258 meeting, I will send, through the National NARFE E-mail system, a reminder of this meeting to all our Chapter members who have provided their E-mail addresses. Recently this E-mail reminder has gone into the spam folder in many members' PCs. The week before our January, 2024 meeting, if you have not received my E-mail reminder, please check your spam folder to see if my reminder E-mail may have been placed in that folder.



Chap. 258 President Lois Ann Beaver displaying Veterans Day banner at our Nov. 10th Chapter meeting

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Chap. 258 President Lois Ann Beaver begins our Dec. 8th Chapter meeting with the Pledge of Allegiance and the singing of The Star Spangled Banner



Members enjoying lunch at Alfio's at our November 10th Chapter meeting



Chap. 258 President Lois Ann Beaver presents Vince Borrelli a thank-you present for his singing and guitar entertainment at our Dec. 8th Chapter meeting



Speakers at our Nov. 10th Chap. meeting (L to R) Mickey Basi, GEHA, Patricia Wright, AETNA, and Jennifer Malave, Blue Cross Blue Shield

Western Montgomery County Chapter 258
National Active and Retired Federal Employees
3173 Blue Bell Court
Adamstown, MD 21710

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**THIS IS YOUR CHAPTER 258 NEWSLETTER
PLEASE READ !! ☺**

**The speakers our January 12th Chapter meeting will be
Paul Schwartz, NARFE State Legislative Committee Chair,
and Bob Doyle, MDNARFE-PAC Treasurer**

Chapter Officers

President
Lois Ann Beaver 240-447-2054

1st Vice President
Allan Kam 301-469-0352
akam@htsassociates.com

2nd Vice President
Constance Price 301-657-2625

Secretary
VACANT

Treasurer
Larry Lange 301-644-1875
llange3751@aol.com

Service Officer
Helen Berkson 301-881-1168

Gov. Moore's e-mail is governor.mail@maryland.gov. Your legislators may be reached at www.mgaleg.maryland.gov; they may also be reached using the General Assembly's number, 1(800) 492-7122

Committee Chairs

Public Relations
Suzanne Ackerman 301-588-6206
suzword@gmail.com

Newsletter
Larry Lange 301-644-1875
llange3751@aol.com

Federal Legislation
VACANT

State Legislation
Dave Roseman 240-401-6628
dave.roseman@comcast.net

Programs
Lois Beaver 240-447-2054

Allan Kam 301-469-0352
akam@htsassociates.com

Awards
VACANT

United Seniors of Maryland

Dave Roseman 240-401-6628
dave.roseman@comcast.net

Membership
VACANT

Alzheimer's
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Congressional Delegation

Senator Chris Van Hollen, Jr.
202-245-4654

Senator Benjamin L. Cardin
202-224-4524

Representative Jamie Raskin (MD-8)
202-225-5341

Representative David Trone (MD-6)
202-225-2721